



# Nick's Ultimate Cornish Barbecue

## Lamb

- A good quality leg of lamb
- Mint
- Fresh red chili
- Garlic
- Olive oil
- Salt and pepper
- Lemon

## Side Dishes

- Corn on the cob
- Feta
- Red onions
- Sweet red peppers
- Bulgur wheat
- Ripe cherry tomatoes
- Parsley
- Spring onions

## Flatbread

- Plain flour
- Baking powder
- Curry spice
- Dried coriander
- Natural yoghurt
- Harissa

## Dessert

- Bananas
- Honey
- Ground cinnamon
- Bourbon
- Chocolate
- Cornish vanilla ice cream
- Silver foil

Notes :

